



IPM

Pain Relieved

Life Restored

Overview

Interdisciplinary Pain Management (IPM) is one of the most clinically and cost-effective approaches in healthcare for the treatment of chronic pain. Kriegel & Associates' programs in the past have produced results for the average chronic pain patient at a 276% increase in physical functioning, a 45% reduction in pain, an 85% reduction in opioid intake and a 60% return to work.

The IPM Institute bases practices through and will soon be accredited by the Commission on Accreditation for Rehabilitation Facilities (CARF). This is a way to certify that the treatment at this facility meets the rigorous CARF standards and is broadly recognized by referring physicians, healthcare organizations and insurance payors/managed care organizations. The comprehensive program includes a Medical Director, Nurse, Psychologist, Physical Therapist and Occupational Therapist and requires that all services are provided to patients in the same care setting. This allows patients to be treated in an integrated and comprehensive manner based on their individual needs.

While each patient is different, the goal is the same: to return patients to active participation in family, community and work activities. Through completion of The IPM Institute's program, patients work to:

- Reduce dependence on pain medications
- Return self-control
- Re-establish independence
- Regain quality of life
- Restore function
- Return to work



Program Admission

The program accepts patients as a managed care/insurance payor or physician referral only. A thorough initial assessment will be performed by the IPM team, and an individual treatment plan will be developed by the team for each patient and reviewed with the patient's physician and/or managed care/insurance payor. The IPM Program is offered as Inpatient and Outpatient care.

Inpatient Program – The Interdisciplinary Inpatient Program lasts an average of 4 to 6 weeks. This is 24-hour seven days per week care which allows for the most intensive and comprehensive treatment for the patient.

Outpatient Program – The Outpatient Program lasts an average of 8 to 10 weeks. This treatment approach is only provided on an outpatient basis five days per week and will require a longer admittance to the program.

Determining Inpatient or Outpatient Program is based on patient need and payor concurrence.

Upon receiving the patient referral, contact is made with the insurance company to request approval for an initial evaluation. This initial evaluation allows the medical professionals in the IPM program to review past medical records and determine if the treatment at The IPM Institute would be beneficial for the patient. The inclusion criteria are:

The IPM Institute Program Inclusion Criteria
Chronic benign pain of three months or longer
No clinical evidence of pain etiology that is determined likely to respond to conventional medical or surgical interventions
Referral by a physician with medical records of appropriate diagnostics
Patient's cooperation and participation in a variety of tests and examinations
IPM Program Inclusion Criteria Cooperation and active participation of the patient's spouse and family
Clinical staff agreement that the patient is motivated to reduce pain and disability and no evidence of severe psychological/psychiatric disorder

Once this is determined, an Inpatient or Outpatient treatment recommendation will be requested.

Program Completion

For patients that have completed their participation in The IPM Institute program, follow-up from the program providers will occur to ensure the patients are satisfied with the care they received and are not in need of further treatment. This individual patient follow-up ensures patient satisfaction along with the desired quality outcomes we expected to achieve.

Services



Orthopedic and Musculoskeletal Care and Recovery

Our orthopedic rehab team uses leading-edge recovery techniques to help patients regain strength and confidence. We help patients recover from many types of orthopedic conditions, including:

- Fractures
- Total knee replacement
- Total hip replacement
- Spinal injuries and surgeries
- Multiple traumas
- Amputations

Therapy is available seven days a week in our substantial therapy gym.



Cardiovascular Care and Recovery

Our focused cardiac care helps patients recover from or manage cardiac issues before they safely transition back to their home. Our team of caregivers addresses the management of or recovery from conditions and procedures such as:

- Heart failure
- Pacemaker insertion
- Cardiac catheterization
- Aortic aneurysm repair
- Malignant hypertension
- Endocarditis
- Arrhythmia

Education is also an important part of cardiac care. We give patients the tools they need to confidently self-manage their condition at home, including cardiac meal plans with chef-inspired recipes.



Pulmonary Care and Recovery

At IPM, our care team understands how to help patients recover from pulmonary-related conditions and diseases, such as:

- Pneumonia
- Acute exacerbations of chronic lung disease
- Pulmonary fibrosis
- Respiratory failure
- COPD exacerbations
- Pulmonary embolism

We offer pre- and post-op rehabilitation, post-surgical scar management and personalized activity progression to help each patient get back in the game.



Stroke and Neurological Care and Recovery

When recovering from the repercussions associated with neurological disease, privacy and a serene environment is of the utmost importance. Patients can receive care for neurological disorders and symptoms, including:

- CVA
- Debility
- Multiple sclerosis
- Intracranial hemorrhage
- Vertigo
- Ataxia
- Syncope
- Falls
- Dizziness

We focus on total well-being, not just physical recovery. That's why we offer:

- Pain and wound management
- A focus on post-op infection prevention
- Customized nutrition plans with chef-prepared meals
- Spacious private rooms
- Dedicated concierge to ensure every need is met
- Education for self-management at home



Complex Medical

At IPM, our professionally trained team brings the medical expertise necessary to treat medically complex patients and those with multiple diagnoses. We provide care to patients with conditions such as:

- Pneumonia, COPD and asthma
- Stroke and multiple sclerosis
- Renal failure
- Diabetes
- Heart failure, hypertension and post-myocardial infarction
- Sepsis
- Serious infections
- Cellulitis
- Pyelonephritis/UTI
- Acute exacerbations of chronic disease
- Cancer and complications related to cancer
- Various surgeries and surgery complications
- Other conditions

The approach we take includes:

- Monitoring of vital signs
- Wound care
- Pain management
- Medication management
- Therapies to strengthen muscles, improve voice, conserve energy and improve balance
- Customized nutrition plans
- Physician-led “transitionist” model of care



Recovery Care

Through ongoing collaboration, our physical, speech and occupational therapists provide personalized care plans to help patients achieve optimal outcomes. Our rehabilitation therapy services are provided by Aegis Therapies and leverage evidence-based rehabilitation plans to address a variety of conditions.

Our patients have access to:

- Therapy seven days a week
- State-of-the-art therapy equipment,
- Outpatient rehabilitation
- Strong rehabilitation outcomes measures
- A full-time physician overseeing clinical care
- Physical, occupational and speech therapy
- Physiatrist (rehabilitation physician) available for consultation
- Home visit prior to discharge



Transition Planning

Helping patients transition safely and smoothly from the hospital to IPM and back home is one of our top priorities. With appropriate transition planning, we can help patients avoid unplanned readmissions.

- We aim to meet with patients shortly after arrival to set individual goals for recovery.
- Daily clinical meetings bring the interdisciplinary care team together to plan for anticipated changes in care settings.
- Ongoing clinical assessment and medication management helps patients receive the right care in the safest setting at the right time.
- Innovative technology accurately alerts the care team of subtle changes in patient health.

Interdisciplinary Pain Management Model of Care

IPM Medical Director

The physician leader of your interdisciplinary team will be responsible for directing the patient's care and helping with weaning pain medications while maximizing the patient's overall therapy goals from our team.

Psychologist

The overall IPM team leader will be coordinating the patient's care from start to finish. The psychologist will also help arrange the patient's different behavioral health therapies and sessions on a daily basis. As the leader of the IPM team, the psychologist will also help the patient with any questions or concerns along the journey to wellness.

Physical Therapist and Occupational Therapist

Both of these team members will work closely with the patient on a daily basis for many hours during the day both in and out of the gym. Progress will be monitored closely.

Nurses and CNAs

Our around-the-clock nurses and CNAs will help you with any medical needs and help with medication changes.



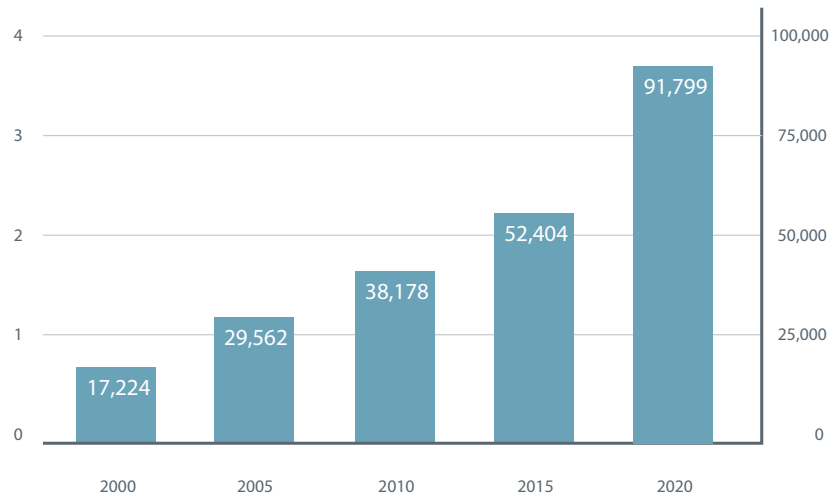
85% 

Our patients' reduction in opioid intake

 **276%**

The average chronic pain patient's increase in physical functioning after completing the program

National Drug Involved Overdose Deaths



50% 

Interdisciplinary Pain Management treatment reduces the number of unnecessary surgeries performed and the opioid abuse that can occur while taking prescribed pain medication

 **63%**

The percentage of opioid users who start taking medication to treat back or joint pain

Pre-Register Your Patients Today

Your patients deserve to recover at a state-of-the-art transitional care and physical recovery center. Please call us or visit our website today to learn more about pre-registering your patient for recovery at The IPM Institute.